



EPSOM CYCLING CLUB

Open 25 Mile Time Trial

8am Sunday 26th September 2021

H25/8 Near Farnham

HQ: Bentley Memorial Hall Hole Lane Bentley GU10 5NB

EPSOM CC 25 Mile Time Trial

26th September 2021 at 08:00 H25/8 Course

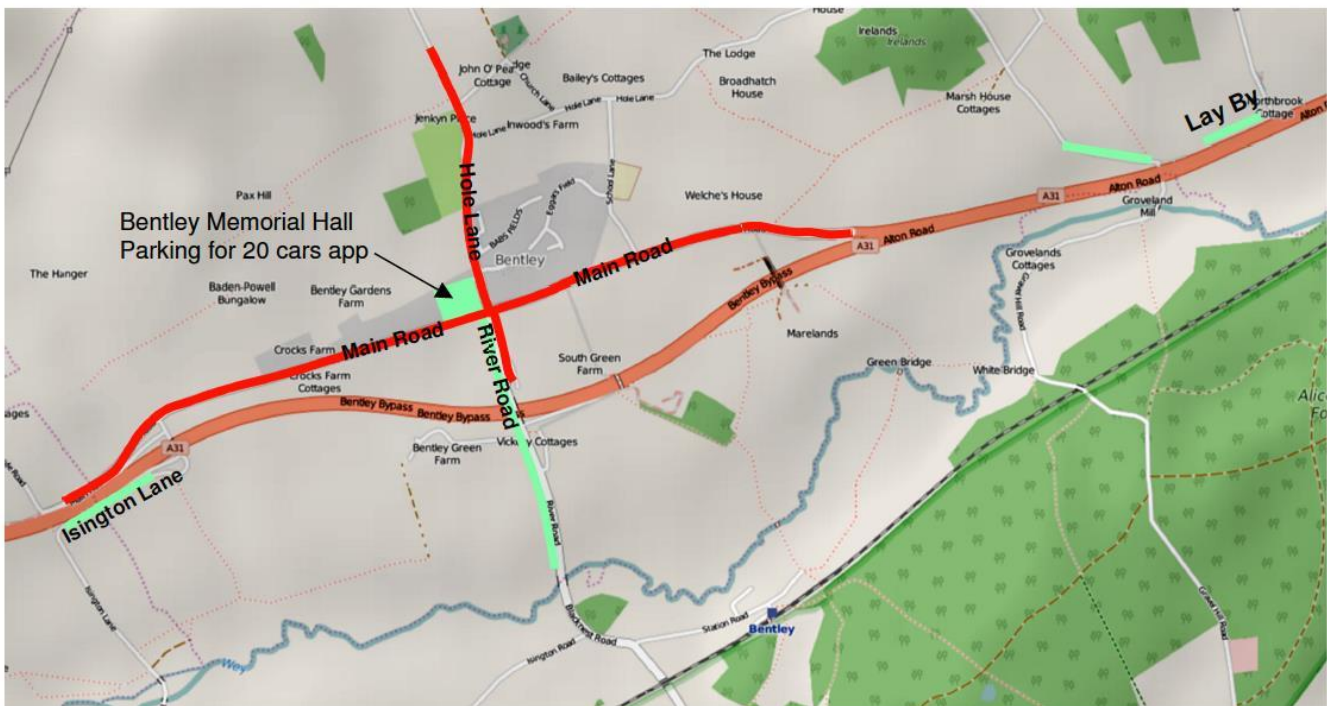
Promoted for and on behalf of Cycling Time Trials under their rules and regulations

HQ: Bentley Memorial Hall Hole Lane Bentley GU10 5NB

Organiser: Paul Deen End Unit B 299 Gander green lane Sutton Surrey SM3 9QE paul@epsomcc.co.uk
Mobile 07850 235 408

Timekeepers: Donald Ashton & Maria Golden

Numbers to be collected from the HQ where you must sign on & SIGN OUT. The HQ is in a residential area, please be considerate to the people who live there & keep noise to a minimum. Please do not use turbo trainers to warm up in the car park, if you want to use a turbo trainer please use one of the other parking areas marked in green on the map. **Note areas where you can park on map below. Please do not park on the roads marked red as it could jeopardise future events from using the hall**



-  Please park considerately on these roads
-  Please DO NOT PARK on these roads

LONDON WEST DC

We have received complaints from the residents of Bentley about inconsiderate car parking by cyclists taking part in Time Trials. In order to avoid these escalating we urge all riders to park considerately and not to obstruct footpaths especially on River Road where you should NOT PARK on the Eastern side between Main Rd and the new estate

IMPORTANT NOTES

IF YOU ARE UNWELL ARE SHOWING SIGNS OF COVID-19 THEN PLEASE DO NOT COME TO THIS EVENT!

Sign On: At the HQ from 7am

After your race: Once you have finished your ride, please proceed to the HQ to return your number and sign out, NO SIGN OUT NO RESULT.

With the relaxation of Covid rules we will have a results board and refreshments at the event

Please **respect the local residents of Bentley by parking considerately.**

Do not park on the road near the headquarters, even for a short period of time. Please adhere to the guidance on the parking diagram included. If we receive complaints, we may lose Bentley Memorial Hall as an option for the HQ. This could potentially mean the end of up to 20 open events on the course during the year.

Please **respect** the volunteers and the timekeepers who are giving up their time to help out.

Position your main number so that it is visible from the rear when in the racing position.

The start is on the opposite side of the carriageway from the HQ. Riders should only use designated crossing points and must not climb over the central reservation. **Anyone seen doing so will be disqualified from the event.**

Head-down riding kills – if dangerous riding is witnessed it will be investigated and reported.

Note local course rule that the Coxbridge roundabout at the Farnham end of the course **must be negotiated sat up** any rider spotted down on the tribars will be disqualified

No vehicles, except those of the timekeepers & volunteers, shall be parked at the start or finish

ROAD BIKE EVENT RULES

No aerobars, clip-on aerobars or aero extensions can be used

Hands must be holding the handlebars at all times while racing (ie. not with forearms resting on the handlebar). Legs must only be covered to mid calf. Wheels may have no more than 90mm depth and must have at least 12 spokes. Helmets must have no visor. Ears must not be covered by the helmet. In addition, the use of a Giro Aerohead helmet will not be permitted. There will be spotters out on course to enforce rules

DIRECTIONS TO THE START

Please allow at least 10 minutes to get to the start

To reach the start from the HQ in Bentley, go eastwards through the village to join the A31, cross to the right hand lane after 850 yards (there are lane markings) and then cross over to the South side of the A31 at the Gravel Hill road

The normal dual carriageway of the A31 has been reduced to a single lane at a point approximately three miles westwards from the start. The left hand lane has been cross-hatched for a distance of approx 400 yards to finish at a point opposite the Petrol filling station just beyond the Hen & Chicken Public House situated on the north side of the A31.

Returning eastwards from the Holybourne roundabout on the north side of the A31 the road has been reduced to a single lane by road cross-hatching on the right hand lane commencing approximately 220 yards before the junction to Mill Court on the south side and finishing adjacent to the Hen & Chicken Public House on the north side. Competitors are to act in a manner appropriate to competing on a single lane road whilst within the restrictions imposed by the road cross-hatching area.

Competitors are to act in a manner appropriate to competing on a single lane road whilst within the restrictions imposed by the road cross-hatching area.

Note local course rule that the Coxbridge roundabout at the Farnham end of the course **must** be negotiated sat up any rider spotted down on the tribars will be disqualified

After finishing, riders must not stop but continue to one or other of the central reservation breaks, cross over with great care and go westwards passing the start point lay-by and along the Bentley by-pass to fork left onto the slip road signposted 'Bentley'. Turn right at the 'T' junction to the Bentley Memorial Hall which you can see ahead of you.

Course link: <https://www.cyclingtimetrials.org.uk/course-details/h25-8>

There will be marshals and checkers but it your responsibility to make sure you know the course. If you do have any further questions regarding the course, or getting to the start please do not hesitate to ask.

IN THE INTERESTS OF YOUR OWN SAFETY

Cycling Time Trials and the event promoters strongly advise you to wear a HARD SHELL HELMET that meets an internationally accepted safety standard.

In accordance with Regulation 15 ALL JUNIOR competitors must wear Protective Hard Shell Helmets.

A working rear light, either flashing or constant must be fitted to the machine in a position visible to following road users and is active whilst the machine is in use.

Course Description:

Start at a point in the lead out onto the A31, from the lay-by on the south side at the start of the Bentley by-pass approximately 800 yards west of The Bull public house on the north side of the A31, 10 yards short of the last road drain at the lay-by exit (western end) Join the A31 (care) and proceed along the Bentley by-pass through Froyle and Neatham to the Holybourne roundabout (Turn) Circle the roundabout (M1, M2, M3) (Check) and take the third exit back onto the A31 to retrace, going through Froyle and along the Bentley by-pass to continue past the Bull to the Farnham roundabout at the junction with the A325 (Turn) Circle the roundabout (M4, M5, M6) (Check) and take the fourth exit back onto the A31 to retrace past the start point (14.294 miles) to go along the Bentley by-pass to the Holybourne roundabout (Turn) Circle the roundabout (M1, M2, M3) (Check) and take the third exit back onto the A31 to retrace, going through Froyle and along the Bentley by-pass to continue past the Bull (24.405 miles) to a point 70 yards beyond the county boundary line and 23 yards beyond the start of a tarmac path on the north side where finish.

Results & Prizes

Ratified results will be posted to CTT as soon as possible.

We will hopefully have live provisional results on our website at www.EpsomCC.Co.UK

We also hope to have a photographer at the event and a link to the photos will be published on the website when available

No prizes on the day. All prizes will be notified & awarded after the event by bank transfer

No rider can win more than one award other than team

Epsom CC would like to thank Bob Stapley of the Epsom CC for his generous donation of £100 for the Best Improver prize

Most Improved Rider With a PB over 1 hour £70

2nd Most Improved Rider With a PB over 1 hour £30

Fastest Rider £30 2nd £20 3rd £10

Women: 1st £30 2nd £20 3rd £10

Under 30 1st £20

30-39 1st £20

40-49 1st £20

50-59 1st £20

60 plus 1st £20

Team of 3 riders £15 each rider

Fastest Road Bike £20

2nd Fastest Road Bike £10

TANDEM START SHEET

<u>Number</u>	<u>Start Time</u>	<u>Names</u>	<u>Club</u>
1	08:01	Mary Corbett Norman Harvey	Sotonia CC
4	08:04	Mark Arnold Russel Arnold	VTTA EAST ANGLIA

SOLO START SHEET

Number	Start Time	First name	Last name	Club
7	08:07	Paul	Cannon	Epsom CC
8	08:08	Colin	Gray	Norwood Paragon CC
9	08:09	John	Froud	Festival Road Club
10	08:10	Massimiliano	Radi	Team Bottrill
11	08:11	Stuart	Peckham	Velo Club St Raphael
12	08:12	George	Sloan	VC de Londres
13	08:13	James	Amy	Casp Cycling Club
14	08:14	Gary	Chiverton	Bournemouth Jubilee Whs
15	08:15	Harry	Jukes	Mid Devon CC
16	08:16	Marianne	Holt	Fareham Wheelers CC
17	08:17	Justin	Webb	...a3crg
18	08:18	Colin	Toppin	Worthing Excelsior CC
19	08:19	Lucy	Hurn	Woking Cycle Club
20	08:20	Andy	Lack	Paceline RT
21	08:21	Adrian	Talley	Portsmouth North End CC
22	08:22	Richard	Birtwhistle	Sydenham Whs
23	08:23	Russell	Hicks	Oxted Cycle Club
24	08:24	Hedley	Rhodes	North Hampshire RC
25	08:25	Jamie	Parkinson	GS Mossa
26	08:26	Thomas	Seller	Oxted Cycle Club
27	08:27	Robert	Durnford	Paceline RT
28	08:28	Mike	Boyce	...a3crg
29	08:29	Chris	Summers	Sotonia CC
30	08:30	Henry	Moss	Barrow Central Wheelers
31	08:31	Jymmy	Trevor	Jem Hadar Racing
32	08:32	Ray	Sullivan	Metropolitan Police Cycle Club
33	08:33	Ian	Sherin	3C Cycle Club
34	08:34	Bruce	McMichael	Hounslow & District Whs
35	08:35	Edward	Hales	London Dynamo
36	08:36	Martin	Beale	Velo Club St Raphael
37	08:37	Anthony	Allsopp	Woking Cycle Club
38	08:38	Roland	Kitson	Horsham Cycling
39	08:39	Steve	Way	Wincanton Wheelers
40	08:40	Paul	Haywood	Epsom CC
41	08:41	Edward	Renwick	Oxford City RC
42	08:42	Stuart	Thompson	Velo Club St Raphael
43	08:43	Matthew	Butler	Charlotteville Cycling Club
44	08:44	David	England	Crabwood Cycling Club
45	08:45	Pjotrs	Suhovs	Paceline RT
46	08:46	Christian	Yates	East Grinstead CC
47	08:47	Graham	Harman	Sotonia CC
48	08:48	Tommy	Osullivan	Oxford City RC
49	08:49	Richard	Bushell	Oxted Cycle Club
50	08:50	Ian	Patterson	Utag RT
51	08:51	Edmond	Long	London Dynamo
52	08:52	Mark	Thomas	Bigfoot CC

Number	Start Time	First name	Last name	Club
53	08:53	James	Trigg	Redhill CC
54	08:54	Peter	Horsfield	Redmon CC
55	08:55	Angela	Carpenter	...a3crg
56	08:56	Gary	Lock	New Forest CC
57	08:57	Jon	Hughes	Velo Club Godalming & Haslemere
58	08:58	John	Isard	Hampshire Road Club
59	08:59	Terry	Morgan	Oxted Cycle Club
60	09:00	Antony	Bee	Wigmore CC
61	09:01	Timothy	Budd	Hounslow & District Whs
62	09:02	Pete	Wilson	Bournemouth Arrow CC
63	09:03	Matt	Hill	Velo Club Godalming & Haslemere
64	09:04	Richard	Williams	Farnham RC
65	09:05	James	Fawcett	...a3crg
66	09:06	Dominic	Hill	Bec CC
67	09:07	Tim	Lewis	Ful-on Tri
68	09:08	Lucy	Mitchell	...a3crg
69	09:09	Gina	Brown	Redhill CC
70	09:10	Stuart	Stow	Twickenham CC
71	09:11	Dominic	Brooks	Farnham RC
72	09:12	Ben	Skelton	London Dynamo
73	09:13	David	Gray	Axe Valley Pedallers
74	09:14	Andrew	Payne	Maidenhead & District CC
75	09:15	David	Triska	AeroCoach
76	09:16	David	Lugton	Portsdown Hill CC
77	09:17	Terry	Icke	Velo Club St Raphael
78	09:18	Nicolas	Stagg	Hounslow & District Whs
79	09:19	Matthew	Woods	Eastbourne Rovers CC
80	09:20	Matthew	Smith	Team TMC

Number	Start Time	First name	Last name	Club
81	09:21	Milo	Purvis	Paceline RT
82	09:22	Edward	James	VTTA (London & Home Counties)
83	09:23	Tony	Truepenny-Phillipson	Bec CC
84	09:24	Daniel	Drake	South London Harriers
85	09:25	Charlie	Whiteley	Clapham Chasers
86	09:26	Alistair	Cunningham	Oxted Cycle Club
87	09:27	Daniel	Crossley	Didcot Phoenix CC
88	09:28	Kieron	Lewis	CC Luton
89	09:29	Tony	Reeves	GS Stella
90	09:30	Les	Liddiard	GS Vecchi
91	09:31	Joshua	Guest	Oxted Cycle Club
92	09:32	Moustafa	Fawzy	Paceline RT
93	09:33	Pip	Jenkins	Southborough & Dist. Whs
94	09:34	Robert	Gilmour	Hounslow & District Whs
95	09:35	Simon	Skinner	Paceline RT